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With honor and integrity, we will safeguard the American people, our homeland, and our values.

**DHS Mission** 



#### Disclaimer

I have no financial disclosures.

The opinions represented here are my own and may not represent the opinions of the Department of Homeland Security or the Federal Government.



### Once Upon a Time...

- A 24 y/o man calls 911 after taking "1 norco tablet"
- "I feel really high from my normal amount." and "I feel like I am going to die."
- EMS arrives: the patient is not breathing, has low blood pressure & low heart rate, oxygen saturation measurement is too low to read
- 3 mg of naloxone given → minimal response (2 mg IN, 1 mg IM)
- CPR started



- Arrives in the emergency department, CPR is continued, has no pulse despite maximal support
- He is placed on heart-lung bypass
- This was a very sick patient, but...
  Severity of toxicity ≠ what would be expected from his reported ingestion!
- More comprehensive toxicological testing is ordered



### Day 1

- Between 8 am-1 pm
  - 6 additional patients present requiring a naloxone drip
- By 2 pm, the hospital only has enough naloxone to last one more hour
- Emergency agreements for naloxone are activated
  - Surrounding hospitals and pharmaceutical vendor
- At 5 pm, the first patient's comprehensive drug screen result is positive for fentanyl and its metabolites
- More patients keep arriving!



### Day 2

- By midnight, additional patients arrive
  - The hospital's entire ICU is full
  - The emergency department is holding 5 overdose patients on naloxone infusions
  - Smaller hospitals are contacting us to transfer similar patients
- This hospital is the regional referral center
  - They have to deny transfers
  - They have to triage trauma patients to other hospitals
  - Major patient care and public health ramifications
- The community leadership meeting



Referral



### Day 3

- Patients keep coming...
- Triage volume is significantly up over the next 5 days
- Need more emergency shipments of naloxone
- Emergency department is now holding 36 patients (16 ICU)
- Operating rooms essentially shut down because no place for patients to recover post-surgery



# Pill Analysis and Serum Concentrations

Pill Source (Case Number)	Pill Mass (mg)	Fentanyl (µg)	Hydrocodone (mg)	APAP (mg)*	Promethazine (mg)
3	453.6	6900	0	137.0	4.27
8	488.9	6320	0	144.8	3.82
10	463.9	6690	0	415.1	4.07
11	420.2	5630	0	105.4	3.66
13	421.9	600	7.41	258.3	0.53
14	473.4	6870	0	102.8	4.61

Therapeutic Serum Fentanyl concentration	0.63-2.0 ng/mL
Previously Reported Fatal concentrations	5-120 ng/mL
Outbreak Serum concentrations (Alive)	16.5-162 ng/mL





#### **Take Home Points**

- "One pill can kill!" Experimentation no longer an option.
  - 12 confirmed deaths in Sacramento county
  - 20 suspected deaths (coroner protocols for fentanyl)
  - Regional numbers: 50 deaths confirmed
- This outbreak overwhelmed the resources of a city and region
- Antidote supplies were inadequate
- This referral hospital could not accept transfers from a large region of California
- Law enforcement was unaware and information was not shared in a timely manner



#### **Lessons Learned**

- Health Security
  - This fentanyl outbreak destabilized our health care system
    - <sup>+</sup> Hospitals breach capacity due to volume of ICU care
    - <sup>+</sup> Denied transfers to specialty care
    - <sup>+</sup> Operating rooms unable to perform surgeries that required ICU beds after surgery
- We were extremely vulnerable to other potential incidents/threats
  - <sup>+</sup> Day 2: Large Public Gathering- Attendance 17,213
  - <sup>+</sup> Day 4: Large Public Gathering Attendance 17,092
- No standard methodology existed for activating disaster/ emergency response for overdoses to bring in Federal Government support
- Significant communications gaps between Public Health/ Healthcare and Law Enforcement communities cost lives



# CReDO—The Community Response to Drug Overdose (CReDO) Project

- Seeks to integrate medical, law enforcement, and drug prevention efforts to overdose clusters and spikes
- Seeks to improve the community response to the current drug overdose crisis and opioid public health emergency
- Seeks to align efforts across the Federal interagency and integrate with state, local, and private sector partners
- Promotes a <u>System of Systems Architecture</u> (SOSA) approach
- Seeks to identify and share best practices within communities
- It begins with establishing operational views, with ultiple Lines of Effort (LOE) pursued in parallel. Countering Weapons of Mass Dest

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# What's "Community"? What's "Response"? Why "Overdose"?

- Community in CReDO
  - Not just the geographical location
  - Community of disciplines, tribes, guilds
- Overdose in CReDO
  - Involves more than opioids and includes mixtures of drugs
  - Includes fatal and non-fatal cases.
  - And must address addiction, abuse, experimental use, and overdose
- Response in CReDO
  - Need to be available 24/7
  - Holistic, multi-disciplinary



## **CReDO Disciplines (Communities)**



#### Law Enforcement

- Civic/ governmental Leaders
- Law Enforcement
- Criminal Investigations Techs
- Chemical Forensics Techs

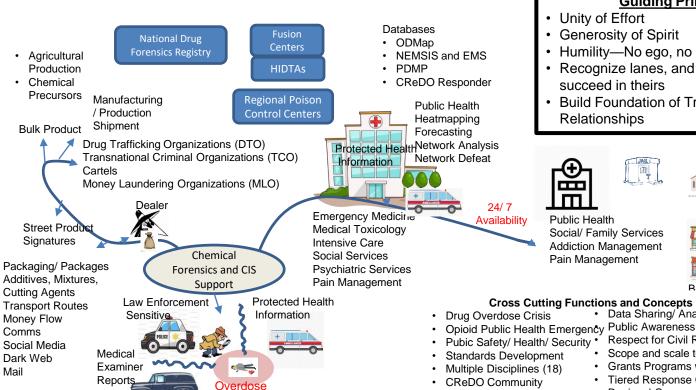
#### Medical/ Healthcare

- FMS
- Emergency Medicine
- Primary Care Physicians
- Intensive Care
- Mental health professionals
- Pain Management
- Medical Toxicology
- Poison Control Centers

- HIDTAs/ Fusion Centers/ Task Forces/ Coalitions
- Medical Fxaminers
- Legal proceedings:
  - Judges,
  - Attorneys--prosecution/ defense
- Addiction Management
- Social Services/ Family Services
- Detention Facility
- Faith-based Organizations (FBO)
- Knowledge/ Database Management
- Local Business Groups
- Addicted Community



# Community Response to Drug Overdose (CReDO)



Occurs

Spike or Cluster??

#### **Guiding Principles**

- · Unity of Effort
- Generosity of Spirit
- Humility-No ego, no blame
- · Recognize lanes, and assist others to succeed in theirs
- **Build Foundation of Trusting** Relationships







Public Health Social/ Family Services Addiction Management Pain Management



Rusiness

#### **Cross Cutting Functions and Concepts**

- **CReDO Community**
- Forensics Technology
- **Network Analytics**
- Case/ Cluster Investigation

- unity Data Sharing/ Analysis

  - Respect for Civil Rights and Liberties
  - Scope and scale to national solutions
  - Grants Programs w/ Meaningful Outcomes
  - Tiered Response Capabilities
  - Regional Coverage extending to rural areas
  - **Business Leaders**
  - Addiction Awareness/ Management 24/7



#### **CReDO Lines of Effort**

- Consensus-based, voluntary standards for Community Response to Drug Overdoses (CReDO)
- CReDO Community
- Chemical Forensics Technology, Competencies, and Laboratory Network
- Pilot Projects to develop, evaluate, and validate best practices
- Data, Information Analysis, and Knowledge Management
- Legislation changes needed in codes, statutes, directives, regulations
- Cluster Outbreak Response Evaluation Local Assessment Team (CORELAT)
- Technology Development, Testing, and Transfer Requirements
- Grants Programs links and harmonization
- Legal review for Privacy, Civil Rights/ Civil Liberties Protections
- Public Awareness Campaign Coordination
- Overdose, Abuse, Addiction Management--24/7 Availability (includes jails, prisons)

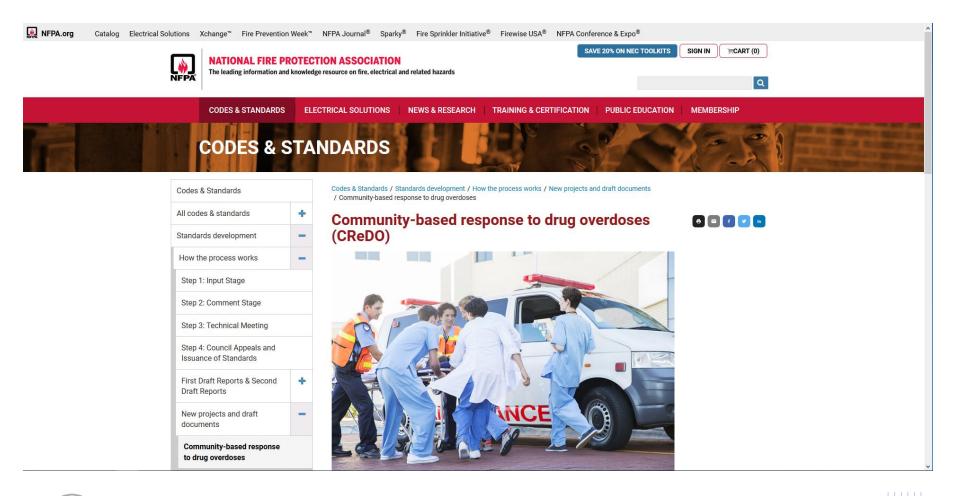


# Consensus based, ANSI-accredited Standards Process

- Consultation with National Institute of Standards and Technology (NIST, Commerce)
- Recommended approaching National Fire Protection Association (NFPA)
  - Pursue process used for NFPA-3000 Active Shooter High-threat Environment Response (ASHER) Standard
  - Respected brand name and experience for American National Standards Institute (ANSI) accredited standards development organizations
  - Demonstrated success for complex, multi-disciplinary standards development
  - https://www.nfpa.org/credo (suspense for input Dec 31!!)



## NFPA CReDO Page <a href="https://www.nfpa.org/CReDO">www.nfpa.org/CReDO</a>





#### **Coordination Across Communities**



National Drug Forensics Registry

HIDTAs

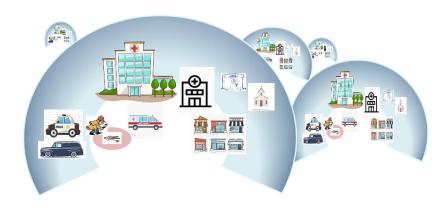
Fusion Centers

InfraGard

Regional Poison Control Centers









Dashboard View of CReDO Collaboration: A System of Systems Architecture

